



IFMA MUAY TALAY RULES & REGULATIONS

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Competition Conduct

The athletes must shake hands before and at the end of the match in accordance with Muay Talay rules as an indication of sporting and friendly competition.

Permitted times: Athletes must shake hands before the first round and after the results have been announced. Other handshakes are prohibited.

All athletes and officials must behave accordingly to the IFMA code of ethics (See - <http://www.ifmamuythai.org/technical-reference/ifma-code-of-ethics/>) - as a good sportsman and follow the rules and regulations as laid out. Contestants and officials will be penalised for any violations.

Poolside Doctor & Life-Guard

There shall always be a doctor and at least one life-guard poolside.

Scoring, Warnings & Fouls

1. Scoring strikes should be a strong, clear, foul-free, unobstructed, non-blocking; Points are earned for punch, kick, knee and elbow strikes. In Muay Talay, the target is all over the body except the groin.
2. Point System: 40 points are awarded for each round. At the end of each round, the athlete who is better is given 20 points proportionally less than 19 points. If one of the athletes falls from the platform, the match ends and the athlete falling into the water is deemed defeated. (The winner of the round is indicated by 20)
3. At the end of a competition, when an judge sees that the athletes have scored equal points after scoring each round with scoring steps, in accordance with the instructions, the judge shall make the decision for the more aggressive, dominant or better Muay Talay style athlete. If they are equal in this respect: The judge declares the winner and the loser by determining the better executed defense (block, old, sideways escaping, etc.)
4. The athlete who does not follow the instructions of the referee, acts contrary to the rules of the competition, does not fight the athlete or fouls can be warned, punished or disqualified without warning. The referee may also notify the athlete at an appropriate opportunity without stopping the competition. If he decides to punish the athlete, he must stop the match and show the violation. The referee then shows the athlete who received the penalty to the 3 umpires. Penalty for a specific foul. The referee cannot issue a warning for the same type of foul. Three warnings for the same type of foul are mandatory to impose a penalty. In a competition, the same athlete may be fined only three times. The athlete who has received the third penalty is immediately disqualified.

Awards and Prizes

In each division, the winner of the Final bout will be the Champion and awarded with the Gold medal. The other finalist will receive the Silver medal and 2 Bronze medals will be awarded to the 2 semi-finalists.